

# Long Range Goals for Trailblazers

## **I. Physical**

Gross motor skills

Catching/throwing ball

Walking on balance beam

Jump with 2 feet over the rope

Balance and hop on each foot

Run smoothly

Gallop, skip

Fine motor skills

Pencil grip & adequate pressure

Scissors

Write name using upper-lower case letters

Manipulative (Legos, puzzles)

Trace on line, straight and curved

## **II. Social/Emotional**

Share space and materials with 2 to 4 peers

Use words to express feelings and frustration

Approaches and responds to peer interactions

Cultural awareness

Respecting property

## **III. Cognitive**

Colors (color words - 8\*)

Shapes (square, rectangle, triangle, circle)

Sorting, sequencing and patterning

Graphing (understands opposites)

Independence with person care

Encourage creative expression and individuality

Able to ask for help

Follow 2-3 step directions

Attends to activities for 5-10 minutes

Recognize letters and sounds of alphabet

Recognize name

Story comprehension

Syllables and rhyming

\* Kindergarten Skill