

Long Range Goals for 3 Year Olds

I. Physical Development

Gross motor skills

- Runs smoothly
- Pedals a tricycle
- Throws a ball forward
- Kicks stationary ball

Fine motor skills

- Beading(s), sorting(s), puzzles
- Moves small cars/trucks
- Puts together and takes apart manipulatives (Duplos)
- Sensory play (sand, rice, beans, shaving cream etc.)

II. Social and Emotional Development

- Separates from parents, may need assistance
- Awareness of adults and peers
- Learning to take turns
- Learning to share space and toys
- Learning to follow directions in small group
- Listening to friends and teachers

III. Cognitive

- Increase attention span (5- 10 mins.) and listening skills
- Learning to explore and discover
- Encouraging creative expression
- Personal routine (washing hands, using the potty, using a tissue)